

# ENERGY BOOSTER



**Robuvit®** is a patented natural extract of French oak wood, rich in roburins and other flavonoids unique to oak wood. It is a powerful, premium quality and natural vitality ingredient. Thanks to its unique properties, **Robuvit®** has been shown to offer potential health benefits in the fields of energy and detoxification.

The oak trees used to produce Robuvit® belong to the *Quercus Robur* species. They grow in the forest of the "Massif Central" region in France under strict sustainability rules. The manufacturing process is based on the safest extraction medium : water. No solvent, no pesticide, no herbicide are used, and CO2 emission is maintained as low as possible. A pure, safe and environment-friendly production process.

Robuvit® is an Oakwood extract from FRANCE

## ACTIONS

- 1 Reduces overall fatigue
- 2 Supports the metabolism
- 3 Protects against oxidative stress.

The product can also be used as energy booster for sports.

## EUROPEAN CLAIMS

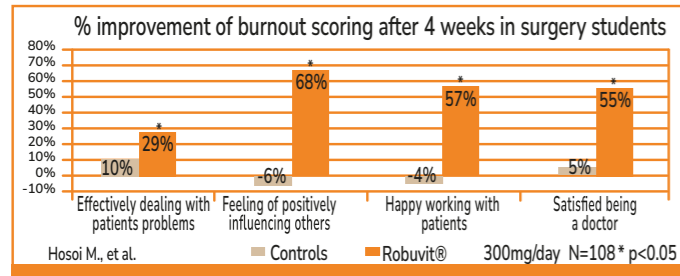
VITAMINS C, B1, B2, B5, B6, B8, B12 contribute to normal energy-yielding metabolism.

VITAMINS B2, C, E contribute to the protection of cells from oxidative stress.  
VITAMINS C, B2, B3, B5, B6, B9 contribute to the reduction of tiredness and fatigue.

Clinical studies can only be used in non E.U. market countries. For European claims, please see reverse.

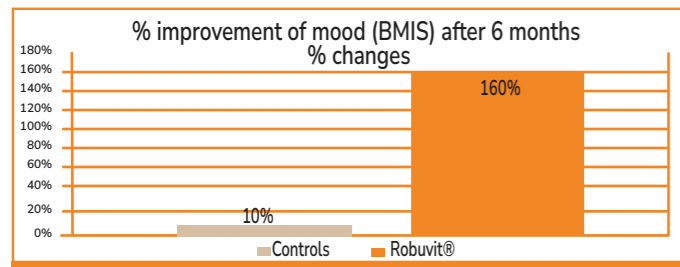
## Overall fatigue – burnout

A recent study has shown that supplementing with **Robuvit®** daily can help alleviate feelings of workplace burnout by reducing fatigue. Supplementation with **Robuvit®** is shown to develop metabolites which make energy-generating mitochondria much more efficient, delivering a noticeable and verifiable energy boost.



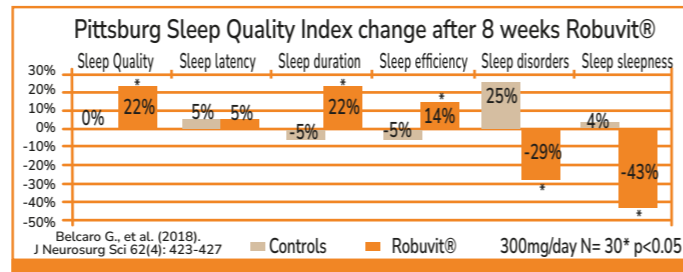
## Mood

In two separate clinical studies, patients experienced less fatigue and higher energy and reported improved mood after supplementing with **Robuvit®**. A clinical study with 91 subjects, based on the BMIS questionnaire (Brief Mood Introspection Scale) has shown a significant impact on mood. The score for the overall mood of the **Robuvit®** group of subjects actually switched from a majority of unpleasant feelings to a majority of pleasant ones.

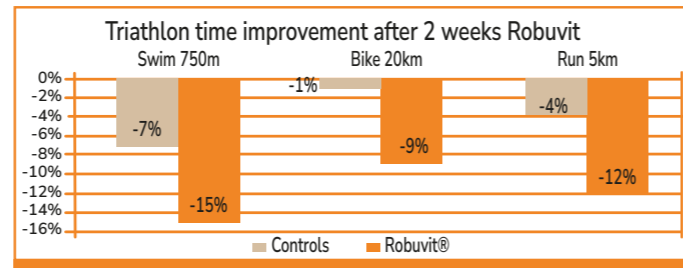


**Robuvit®** is the result of years of intense research and development by renowned international scientists. To date, 25 clinical studies on 600+ subjects have demonstrated **Robuvit®**'s efficacy in various fields of application such as CFS (Chronique Fatigue Syndrome) and mood.

Clinical research shows that **Robuvit®** helps to combat fatigue and accompanying poor memory and concentration, poor sleep quality, headaches and extreme exhaustion.



**The product can also be used as energy booster for sports.** The performance of 54 men and women during a triathlon was measured in a recent clinical study. Time to run a 5 km run was faster in the **Robuvit®** group, and the overall triathlon performance was also significantly improved, in both Women and Men groups.



Information and studies are available on request.

## Natural grapefruit jasmine flavour

PC02498

### ACTIVES

For 1 dose per day (5g)\*

Oakwood extract ( Quercus robur lignum )	300 mg
Vitamin A (From : Retinyl acetate)	120 µg
Vitamin C (From : L-ascorbic acid)	12* mg
Vitamin E (DL-alpha-tocopherol acetate)	1,9* mg
Vitamin B1 (Thiamin hydrochloride)	0,2* m g
Vitamin B2 (From : Riboflavin)	0,2* m g
Vitamin B3 (From : Nicotinamide)	2,4* mg
Vitamin B5 (Calcium D-pantothenate)	0,9* mg
Vitamin B6 (Pyridoxine hydrochloride)	0,2*mg
Vitamin B8 (From : D-biotin)	7,5* µg
Vitamin B9 (From : Pteroylmonoglutamic acid)	30* µg
Vitamin B12 (From : Cyanocobalamin)	0,4* µg
*15% NRV (Nutrient Reference Values)	

## Mechanism of action

**Robuvit®** contains roburins and other flavonoids found exclusively in oak wood. It also contains ellagitannins which will be metabolized into urolithins. These different polyphenols have been studied for their various mechanisms of action within cells such as on ribosomal or mitochondrial activity.



Add 5g of powder to 150mL of water. Take one stick per day.

This food supplement is suitable to a vegan diet. However, we do not guarantee the absence of cross contamination with several animal derived products.